

STADT NATUR

“LEADING YOUTH GROUPS BY
URBAN FACILITATION”

APRIL 21. - APRIL 28. 2024
BERLIN

KAI PROJECT FOR YOUTHWORKERS



Erasmus+

ABOUT THE PROJECT



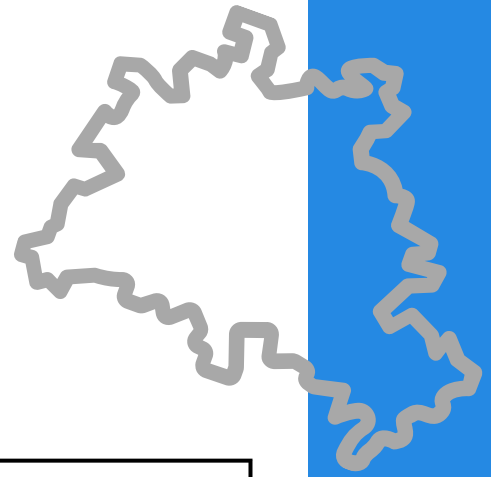
OVERALL GOAL

- Offer youth workers, trainers and other professionals a framework in which they can develop through peer learning new methods on adventure pedagogy in a urban environment.
- Address the challenges that can occur in the surroundings of urban facilitating e.g. a lack of certain resources.

OBJECTIVES

- INTEGRATION AND SELF-SUFFICIENCY
- CHALLENGING ONESELF BY TAKING LEADERSHIP OF A GROUP IN UNFAMILIAR SETTINGS
- DEVELOPING SOLUTIONS FOR UNCOMMON TRAINING SITUATIONS E.G. WITH LESSER RESOURCES
- EXCHANGE BEST PRACTICES AND EXPERIENCES FROM RESPECTIVE COUNTRIES AND EXPLORE NON-FORMAL LEARNING TOOLS AND METHODS
- SUPPORT FOR SELF-REFLECTION AND LONG-TERM, SUSTAINABLE CHARACTER DEVELOPMENT
- ABILITY TO DESIGN EDUCATIONAL PROJECTS AND WORKSHOPS ON VARIOUS THEMES AND SUSTAINABILITY IN AN URBAN ENVIRONMENT
- SUPPORTING LONG-TERM PARTNERSHIPS AND FUTURE COLLABORATIONS TO DEVELOP POLICY RECOMMENDATIONS

TOPICS OF THE WEEK



21.04.	<i>Arrival day between 4-8pm</i>
22.04.	<i>Navigating a group</i>
23.04.	<i>Feeding a group</i>
24.04.	<i>Finding missing people (Game day)</i>
25.04.	<i>Urban facilitating</i>
26.04.	<i>How to get though the night</i>
27.04.	<i>Reflexion day, what do we take home</i>
28.04.	<i>Departure day</i>

The timetable is provisional and subject to any adjustments, that may be necessary at short notice!!



WHO CAN PARTICIPATE

To take part in this project, you need to be:



18+ years old



working or getting trained to work in the social field



residency in one of the partner countries



able to speak and understand English at a conversational level



interested in the project topics



willing to take the responsibility to lead a small project group of five people for one day



motivated to participate actively during the whole project!



BERLIN



SOME FACTS

- Berlin is a multicultural city where people from many different nations and cultures live together
- 7 % water area, two rivers and numerous lakes.
18 % forest = 29,000 hectares are located in the city area, e.g. the Grunewald.
Since 1990, the law for the preservation and maintenance of the forest has applied to the whole of Berlin
- Home to the use of numerous former industrial sites for ecological, social and cultural projects
- Metropolis of numerous creative sustainable ideas, concepts and projects and start-ups looking for solutions for a future without wasting resources
- Urban farming, sustainable fashion and vegan gastronomy are increasingly transforming the former industrial city of Berlin into a trendy green metropolis
- There is a large allotment culture as well as a variety of neighborhood gardening and self-sufficient permaculture projects
- Aquaponics farms are trying to set a new trend in sustainable supply for residents
- Ethnic and cultural diversity means enrichment, but at the same time requires competence and places new demands on society
- More than 250 religious communities make Berlin a city of religious diversity



ORGANISER & VENUE



We are a recognised child and youth welfare organisation and work with experiential and nature education methods. We offer various educational programmes ranging from one-day team trainings to project trips lasting several days and year-long group support.

The project week will take place in our **youth center**, located in a forest area 45 minutes from the Berlin city center in **Grunewald**. There is a beautiful lake only 5 minutes away by foot where you can go for a walk or a run if you don't mind sharing it with some dogs or it.

PROJECT TRAINERS

Laura-Lynn is a freelance trainer in adult education and outdoor and adventure pedagogy. Believing in constant self development and life long learning she participated in several Erasmus+ trainings before and loves learning and sharing new methods.

She often is supported in her work by her side-kick and feel good manager Sputnik.



Jasper works as a trainee for the Adventure Centre Berlin. He has already taken part in several other Erasmus+ training courses and loves learning new methods and passing on his experiences.

ACCOMMODATION & FOOD

Sleeping accommodations

We offer two jurtas for sleeping and additional one where we can hold our sessions - if they're not being held outside.

Additionally participants have the opportunity to set camp on our premises or to sleep on the tree houses on site. When choosing to do so, please bring your own tarp or tent.



Food

Breakfast is provided by our staff and since most days tasks will take place in the city, participants will pack lunchboxes according to their needs for the day. At nights we will cook and dine together. We have a large kitchen available for this purpose. For sustainability reasons we will feast on a vegetarian diet.



HOW TO GET THERE

FAHRTEN-FERNE-ABENTEUER - ABENTEUERZENTRUM BERLIN
EICHHÖRNCHENSTEIG 3, 1
14193 BERLIN



Airport BER

Take the train to **Zoologischer Garten** and then **bus X10** (direction Teltow Stadt). Take this bus to the **Roseneck/Teplitzer Straße**. You are almost there, just follow the map (12 min walk).

Central station

Take the **S5 or S7** (direction Spandau or Potsdam) to **Zoologischer Garten** and then take **bus X10** (direction Teltow Stadt). Take this bus to the **Roseneck/Teplitzer Straße**. You are almost there, just follow the map (12 min walk).

ZOB - Central Bus Station

Take **bus 104** (direction Zoologischer Garten) to the stop **Halensee**. Then cross the street to take **bus X10 or M29** (direction Teltow Stadt). Take this bus to the **Roseneck/Teplitzer Straße**. You are almost there, just follow the map (12 min walk).

Tip:

Route planner app is the application for everyone, who are traveling in Berlin



ARRIVAL & DEPARTURE

The project will take place in Berlin from April 21.-28.2024



Arrival time: April 21. between 4 - 8 PM

Departure time: April 28.

Please organise your travel to fit in these times! It is stressful for our team to organise early and latecomers!

FUNDING CONDITIONS



The project is **fundet through the ERASMUS+ Programm**.
100% of the accommodation, food & material are covered by the program. You have to pay in advance for traveling.

Please note the following:



Please choose the **most economical/cheap way of transportation (2nd class trains, plains)**.
Only public transportation can be reimbursed (**no taxis**).



Reimbursements of travel costs can **only** be done **upon full attendance of the training course** and if you do not travel earlier or later than **two days before or after the project**.



No flights are allowed when **travelling green!**
You have two additional travel days for this!



Please plan your travel from your place of origin to the venue of the activity in Berlin and return **according to the travel limit** shown in the table below.

Your travel costs will be reimbursed up to the limit, if you spend less you will get what you spent.

Country	Budget per participant in €	Green Travel
Germany	*180,- (100-499 km) *23,- (10-99km)	Mandatory
Italy	275,-	320,-
Sweden	275,-	320,-

TRAVEL & HEALTH INSURANCE



Every participant must bring their **European Insurance Card**. It is a mandatory requirement for all participants to provide their own health and travel insurance.



Please arrange to have **travel insurance** - if you have to cancel your trip for a covered reason, trip insurance can save your investment, it can also protect you against lost luggage, flight cancelations etc. !

PREPARATION

PLEASE PREPARE IN NATIONAL TEAMS BEFORE YOUR TRAVEL:



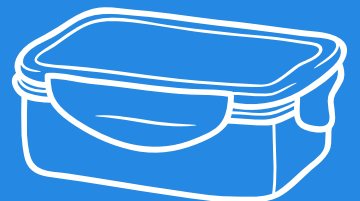
Some **traditional food/games/stories** to share in the evenings together.



Skills / games / nonformal methods you would like to share with the other participants, to educate and empower youth - the more everybody contributes, the more fun and versatile the week will be.

WHAT YOU NEED

- Towels
- Sleeping bag etc. (the jurts are equipped with mattresses and covers but no bed linen)
- **Solid** inside slippers or thick socks
- Warm clothes and shoes for outdoor activities !
- Notebook/ Diary
- Lunchbox and water bottle to carry your meals and drinks when out in the city



YOU ARE INTERESTED ?

erlebnis@abenteuerzentrum.berlin

If you have questions please
write us:



<https://forms.gle/U9ZphUMbNMI4m3ge6>

You can apply here:

