



Erasmus+

04–13.04.2022
Slovenia

Sustainability in Action
Methods for Sustainable Youth Work II



About the project

We aim to share good practices in sustainable education and empowering young people to live more sustainable lives.



Content of the week:

- Methods of nature education, eco-farming, and sustainable gardening; Dragon Dreaming methods; Sociocracy; Social Sustainability projects
- Reflection on different aspects of sustainability
- Development of tools and methods for youth work.

This project is for you if...

- you are 18+ years old
- you are able to work in English. Intermediate level at least.
- you are resident in the country of the sending or receiving organization (page 6)
- you are interested in the topic of the project and social work in general

What to expect in term of timeflow:

Preparation Meeting on
Zoom, March 9, 16:00 CET
Planning contributions

Project week
04-13.04.2022
Slovenia

Dissemination of results
(Share your experience)
Online

Timetable

04.04	Arrival day between 16:00-20:00
05.04	Introduction & Teambuilding Day
06.04	Introduction to Sustainability in Action
07.04	Sustainable Education & Community Building
08.04	Social and ecological sustainability in modern rural communities - excursion day
09.04	Social Sustainability & Group Dynamics
10.04	Developing project designs for sustainable Youth Work
11.04	Manual of Methods
12.04	Evaluation Day
13.04	Departure day before 11:00



The structure of the week gives a lot of room to reflect and expand on the methods we will be learning about, so everybody will be able to contribute their creativity and past experiences. This is going to be a project which we wish to implement NOT FOR YOU but TOGETHER WITH YOU! Let's make it an exciting learning journey!



Welcome to Slovene Istria



The Istrian peninsula was known to Romans as the terra magica. Its name is derived from the Histri, an Illyrian tribe who lived in the region. Romans described them as pirates who were hard to conquer due to the difficulty of navigating their territory.

Throughout the history many conquerors ruled this territory. After the WWII it was politically assigned to the Federal Republic of Yugoslavia. A lot of original inhabitants immigrated to other continents. Many villages in hinterland were depopulated, while the coastal towns grew in number. Koper developed in an important port town, and became one of the major centres of Slovenian economy.

Nowadays Slovene Istria is popular for its natural beauties, small coastal towns as well as hidden jewels of hinterland. Mild submediterranean climate offers perfect conditions to grow wine, olives and truffles. During your visit, we will have enough opportunities to discover some of hidden treasures of Istria. You can read more about the area [here](#).

The venue

Accommodation

We will use two houses, about 10 minutes walking distance one from another. Both houses have everything you need for a comfortable stay. You will sleep in shared rooms with 3 - 6 beds. No single rooms are available.

Cosmetic products

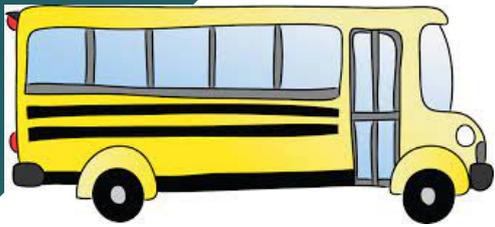
Please bring only environmentally friendly cosmetics (soaps and shampoos) as we reuse the water from the bathrooms in our garden.

<https://www.sunnyhills-istria.eu>

Our kitchen team cooks vegetarian food, prepared with love by local, and when possible organically produced ingredients. If you have special dietary needs, please let us know in advance.

The kitchen team will ask you for help with cleaning after each meal.





Travel information

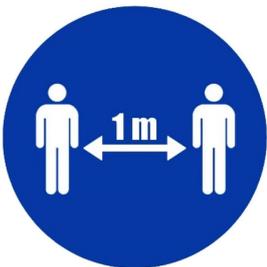


Find the train or bus to **Trieste** or **Ljubljana**, and from there to **Koper**.

Few buses run from Koper to Hrvoji (pronounced: Hrvoyi) every day except weekends. Look for the bus to Hrvoji or Belvedur (one stop before Hrvoji).

Find your ride here: <https://www.nomago.eu/>

If you get off the bus in Belvedur, follow the main road for about 10 minutes. Then you'll see the sign Hrvoji. After the sign, turn right and go to the bell tower; about 200 m. We are in the big house just below the church. If the bus drops you in Hrvoji, go uphill to the bell tower and find the house.



Healthy measures:

- all guests must show a negative test result
- observe hygiene, hands must be washed or disinfected regularly
- ventilate rooms regularly
- upon any sign of cold or infection, the participant will be isolated, and tested for COVID for two consequent days.
- during this time she/he will not be allowed to participate in group activities or join the meals with the group.

[Corona Info](#)
[official government page](#)

€ Funding conditions

This project is funded through the Erasmus+ Programme. 100% of the accommodation, food and materials are covered by the program.

TRAVEL COSTS

Please plan your travel from your place of origin to the venue of the activity in Slovenia and return according to the travel limit shown in the table below. Your travel costs will be reimbursed up to the limit, if you spend less you will get what you spent. We always reimburse to the account of sending organizations, so not directly to participants. Reimbursements of travel costs can only be done upon full attendance of the training course.

Country	Organization	Number of Participants (6+1 group leader)	Travel Limit per Participant in €
Germany	<u>Abenteuerzentrum Berlin</u>	7	275
Italy	<u>Papperlapapp</u>	7	180
Romania	<u>EduBiz</u>	7	275
Slovenia	<u>Sunny Hills</u>	7	*180€ (100-499 km) *20€ (10-99km)
Spain	<u>Vidalia</u>	7	275

Choose the most economical/cheap way of transportation (2nd class trains, planes). Only public transportation can be reimbursed (no taxis). Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and invoice in maximum 2 months after the project. You have one month after the project to submit your reimbursement form together with: all travel tickets in original, boarding pass and invoices by post to:

Fahrten-Ferne-Abenteuer Abenteuerzentrum Berlin
Eichhörnchensteig 3, 14193 Berlin

TRAVEL AND HEALTH INSURANCE

Every participant must bring their European Insurance Card. It is a mandatory requirement for all participants to provide their own health and travel insurance. Please arrange to have travel insurance - if you have to cancel your trip for a covered reason, trip insurance can save your investment, it can also protect you against lost luggage, flight cancellations etc.



What to pack?

- Weather in April is unpredictable. It can be sunny and warm, or rainy, windy and cold. Please bring with you clothes that you can combine according to the weather conditions. Hrvoji is situated 450m above the sea level so the nights can be chill.

- Comfortable clothes, for outdoor and indoor activities

- Walking shoes,, if possible waterproof. Raincoat or umbrella.

- Sleepers and towel



- We provide pillows and blankets. Please bring your sheeds and pillowcases.

- Snacks for the intercultural evening

- Notebook and pens

- Masks and your covid certificate



...A lot of smiles and motivation