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www.papperla.net

Sustainability in Action

Methods for Sustainable Youth Work I

19–28.06.2021, Italy

Erasmus+

About the project

We aim to share good practices in sustainable education and empowering young people to live more sustainable lives.

Content of the week:

- Methods of wilderness and nature education, theater, photovoice, storytelling workshop
- Reflection on different aspects of sustainability
- Development of tools and methods for youth work.

This project is for you if...

- you are between 18 and 30 years old. There is no age limit for the youth leaders (one per country).
- you are able to work in English. Intermediate level is ok.
- you have residency one of the mentioned countries.
- you are interested in the topic of the project.

Country	Number of participants
GERMANY	7
ITALY	7
SPAIN	7
SLOVENIA	7
ROMANIA	7

(6 + 1 Youth Leader)

SUNNY HILLS OF ISTRIA
Sustainable culture of living, Slovenia

EDUBIZ

VIDALIA

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FAHRTEN FERNE ABENTEUER

Timetable

19.06	**Arrivals** between 16:00 - 20:00 dinner included
20. 06	Teambuilding & introduction to the project
21. 06	A first look at sustainability
22. 06	Sustainability in Action
23. 06	Sustainable Education methods
24. 06	Group Development & Communication in Youth Work
25. 06	Photovoice in the city
26. 06	Working on Manual of methods
27. 06	Final Evaluation & Youth Pass Ceremony
28. 06	**Departures** departure until 11:00 AM, breakfast included

The structure of the week gives a lot of room to reflect and expand on the methods we will be learning about, so everybody will be able to contribute their creativity and past experiences. This is going to be a project which we wish to implement NOT FOR YOU but TOGETHER WITH YOU! Let's make it an exciting learning journey!

Accommodation I

The most important rules:
- the guests must show a negative test result
- keep distance, observe hygiene, wear mask, hands must be washed or disinfected regularly
- ventilate rooms regularly
- every day we must control the temperature of participants;

THIS IS A SELFKEEPER HOUSE! It means we have to leave it clean, before we switch location.

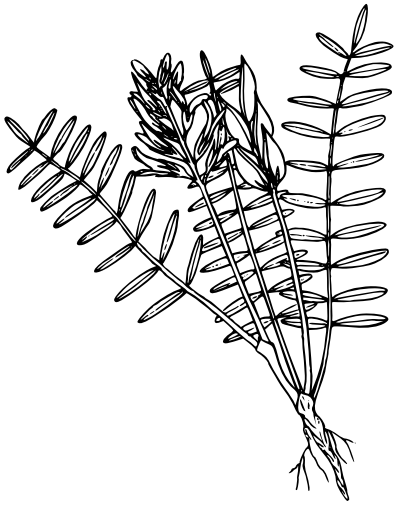
We also have a cooking team with us, which is engaged in sustainable cooking and consists of youth participating in other our projects as well as a professional consultant helping them out.

This venue offers many chances to get active and creative both inside and outside! In general, we will hold group sessions outdoors when possible to minimize the risk of infection.

The rooms are equipped with mattresses. Sleeping bags, pillows, and sheets must be brought by the guests themselves.

Jungscharhaus
San Lugano
I – 39040 Bozen.
Südtirol – Italien
https://www.jungschar.it

The location of San Lugano



San Lugano is a very interesting village:

- you will be able to visit the local village and get some more infos about their green politics

- you will have the opportunity to get in touch with local politics and local farming that tryes to be sustainable in preventing rural depopulation by investing in local building ground & beekeeping

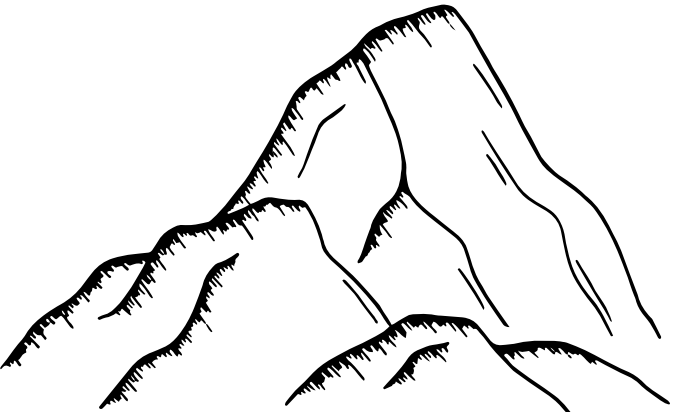
- Truden has won a price for being a village that puts special effort in sustainable concepts;

- you will have the chance to discover how sustainable food supplies could have positive aspects on body & soul

- close to the venue you will have the possibility for hiking and getting in touch with nature as the village is situated close to the nature park Monte Corno

- **look for more infos on**:

https://www.suedtirolerland.it/de/suedtirol/suedtirols-sueden/truden-im-naturpark/san-lugano/



Accommodation 2

On the 26th we will travel together to a youth hostel and stay there for the last 2 days of the project.

This venue is situated really close to the center of the city and really close to our youth center which is called papperlapapp. You can look at our projects under: www.papperla.net.

The rooms in the youth hostel are equiped with beds and showers and you only have to bring your own towel & sleeping bag. Breakfast will be included.

Youth Hostel Bolzano
www.jugendherberge.it

Welcome to Bolzano/Bozen

Bolzano will be the second location where you will be during the last days of the project. Bolzano is a very interesting city because it is a bit of a melting point of mainly the Austrian and the Italian culture.

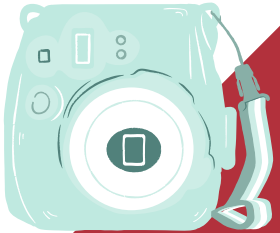
HARD FACTS ABOUT BOZEN/BOLZANO:

- Inhabitants: about 103.000 (25,52 % German, 73,80% Italian and 0,68% Ladin speaking)

- **Things to do:** you could go to visit the historical center of Bolzano especially the "Lauben" where you can imagine how a market worked in the middle age or you might find some time to visit the "Iceman Ötzi" which is one of the oldest mumies found in history that are still very well preserved.

More Infos about Bozen:

https://www.sentres.com/en/bolzanobozen-and-environs



How to get to Acommodation I

From the Airport

There are different airports you might arrive to, the important info is, that you take a bus or train until you arrive to the trainstation of BOLZANO/BOZEN. Google Maps works well for finding informations. Basically the best options is to inform your self allready before arriving which connections are the best to take.

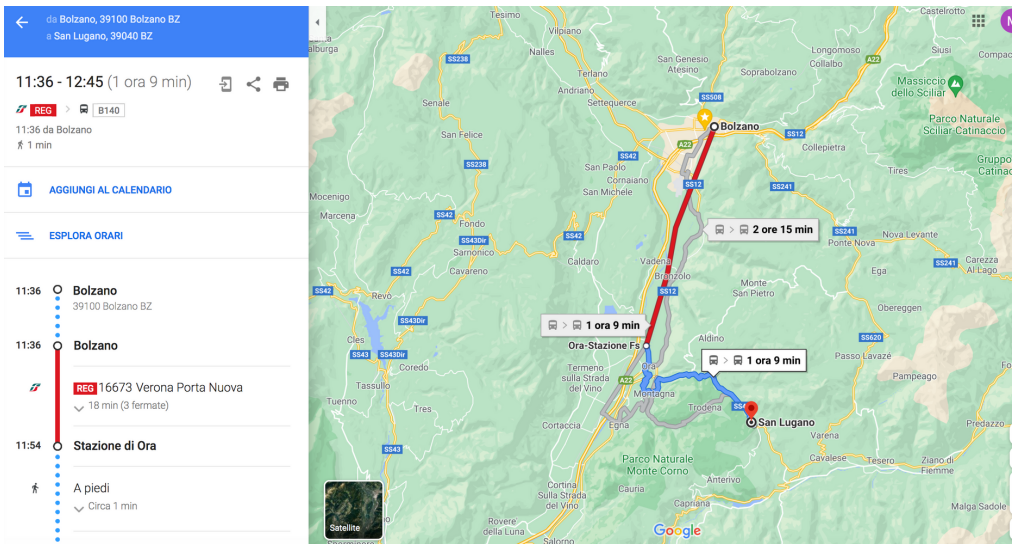
From the TRAIN station Bolzano

You need to take the train (NR.16673) in the direction „Verona Porta Nuova“ or „Rovereto“ and get off at „Auer/Ora“ station. But just ask for detailed information at the infodesk and they will for sure help you out to find the right train.

Take the regional Bus Number 140 (direction Cavalese Autostazione) and get off at the station „SAN LUGANO Kirche“. You are almost there, just follow the map (few minutes walking).

Tipps:

Buy a ticket at the train station for 10€, you should be able to use it for going and coming back - it is cheaper than buying a one-way ticket for every transport.



Funding conditions

This project is funded through the Erasmus+ Programme. 100% of the accommodation, food and materials are covered by the programme.

TRAVEL COSTS

The travel budget per participant from Spain, Romania, Slovenia, Germany is 275€. Please plan your travels to Italy according to the travel limit per person. Your travels costs will be reimbursed up to the limit, if you spend less you will get what you spent.

You are allowed to arrive or depart max. 2 days before or 2 days after the mobility. In case you decide to use that extra time, bear in mind that it will NOT be supported with food or accommodation. Should your stay be longer than 2 days, we will NOT reimburse parts of your travel costs.

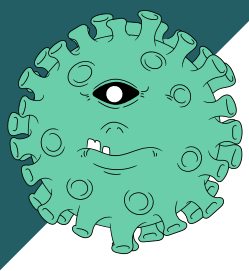
NOTE

Reimbursements of travel costs can only be done upon full attendance of the training.
Only public transportation can be reimbursed (no taxis). Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.

Once we have received the documents in Original of ALL the participants from a country, we will send the collective reimbursement money to our partner organization in that country via bank transfer. They will hand it out to the participants.

INSURANCE

Every participant must bring their European Insurance Card. It is a mandatory requirement for all participants to provide their own health insurance.
General travel insurance to cover the safety of your possessions, lost luggage, delays to flights etc is NOT a mandatory requirement, but it is advisable.



Corona Info

First of all, we are super happy that we are able to do the project, even though it seemed for some time that we might be not able to do it. In order to make everybody comfortable and follow all the rules here some Infos about the current COVID situation:

- You should have an **Antigen or PCR test with a negative result**. This must not be older than 48 hours (this includes those who have recovered or been vaccinated).

- When we will move as a group to different places we need to bring a mask (preferable FFP2) and keep the security distance of 1,5 m to all people present.

- While we are in the venue, we can take off the mask the whole time we are in the self-keeper-house in San Lugano, when moving to Bolzano we have to take a test first and then follow again the AHA-Rules;

- Right now in South Tyrol we have the "green pass" which allows us to enter restaurants, theaters, and cinemas; In order to get the green pass, you need a negative test and the results printed or on your phone;

- In South Tyrol, we have low incidence per capita at the moment and we are the first region in Italy that has reopened Theaters, Cinemas, and so on, because of the system of the green pass. Since the 15th of May, people from different countries don´t need anymore to go 5 days in quarantine. So it means that basically, you can move pretty freely around the region.

- REMINDER: In all public transport, shops, restaurants and bars you need to wear an FFP2-MASK.
More info in English here: https://www.south-tirol.com/useful-information/coronavirus

What to pack?

- *snacks and drinks for intercultural evening (bring some snacks or sweets)*
- *comfortable clothes*
- *slippers and towel*
- *masks*
- *sleeping bag + small pillow if you need one*

... and lots of motivation and smiles.